

## NORDIC FREELANCE SEMINAR

FRIDAY 8.11.2024

- 10–10.15            Opening words  
**Hanne Aho**, President of the Union of Journalists in Finland
- 10.15–10.30        *To be announced*
- 10.30–11.15        Coverage of Security and Defence Issues: Different Ways in  
Different Countries around the Baltic Sea  
**Marjo Näkki**, freelance journalist
- 11.15–12            An Old Love: The Stories we Usually Tell about Gang Crime – and  
the Stories we Miss out on  
**David Sausdal**, Associate Professor, Lund University
- 12–12.15            Welcome speech  
**Seminar organisers**
- 12.15–13.15        Lunch
- 13.15–13.45        We Should All Look Up: Towards Sustainable Journalism  
**Johannes Roviomaa**, Freelance Journalist of the Year in Finland
- 13.45–14.30        Discussion: How to Document Activism and Protests Safely  
**Virpi Suutari**, filmmaker & **Antti Yrjönen**, freelance  
photojournalist
- 14.30–15            A word from our partner organization  
*To be announced*
- 15–15.45            Coffee and mingling
- 15.45–16.15        Freelancers Documenting Life in Russian Regions  
**Mikhail Danilovich**, CEO of online magazine *Novaya Vkladka*  
(*The New Tab*)
- 16.15–17            Discussion: How to Maintain Resilience When Covering Tough  
Topics  
**Jeanette Björkqvist & Rosanna Marila**, freelance journalists
- 17–18.30            Break
- 18.30–22            Dinner and slam poetry  
Grumpy Bitch (Nihkee Akka)

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SATURDAY 9.11.2024

- 9.30–10 Nordic Freelance Yoga (no need for any previous yoga experience, neither yoga mat or even training clothes)  
**Maria Markus & Maria Paldanius**, certified yoga teachers and freelance journalists
- 10.15–10.45 Scandal on Skis: A Doping Story and the Reporter the Sports Establishment Tried to Silence  
**Johanna Aatsalo**, journalist
- 10.45–11.15 Commentaries  
*Commentators to be announced*
- 11.15–12 Helpline in Germany: Peer-to-Peer Support for Journalists Suffering from Mental Stress  
**Jana Peltzer**, psychologist and freelance journalist
- 12–12.30 Journalists' Support Fund in Finland: Covering Expenses Caused by Harrasment  
**Anna Kähkönen**, Executive Director, Foundation for Journalistic Culture
- 12.30–13.30 Lunch
- 13.30–14 House Tour: History of the Former Prison called Skatta
- 14–14.45 Key Principles of Trauma Reporting  
**Jo Healey**, journalist & trauma reporting training specialist
- 14.45–15 A word from our partner organization  
*To be announced*
- 15–15.45 Coffee and mingling
- 15.45–16.30 How to Secure a Living as a Freelancer: Collective Bargaining for Freelance Journalists in Different Countries  
Facilitator: **Tuukka Tuomasjukka**, freelance journalist  
*Panelists to be announced*
- 16.30–17 *To be announced*

(Updated 5 June 2024. Changes possible.)